

Modern Professional Learning Guidelines & Resources to survive and thrive in the modern workplace

1. **Take responsibility for your own self-improvement, learning and development** – it's your career so you need to be in control of it. Intermittent training is no longer enough, you need to be continuously curious and finding things out.
2. **Spend some time reflecting on your daily work experiences** – so that you can learn from your difficulties and challenges as well as your successes.
3. **Address your own performance problems** – become self-reliant and learn to solve your own problems particularly by power-searching on the Web and validating your sources
4. **Make the most of your manager** – continuously ask for feedback on your current activities and help in moving forward in your work.
5. **Learn from your team members** – ask them for help and to share their experiences – and share what you learn with them too.
6. **Make a point of learning something new every day** – it doesn't have to be work related and it certainly doesn't have to involve study. Make the most that the Web has to offer.
7. **Keep up to date with what's happening in your industry or profession** - not just by attending an annual conference but continuously from daily knowledge flows that come from relevant curated resources. Connect the dots between random pieces of information, and avoid information overload.
8. **Build and maintain a diverse professional network** - so that you have a collection of people around you who you value, and with whom you interact and learn on an ongoing basis.
9. **Manage your own professional development** - set your own professional goals, work on them in the right way for you, document your progress, and evidence your performance in a digital portfolio.
10. **Establish your own personal learning toolkit** – build a set of resources, tools, networks and services that help you continuously learn, grow and develop.

30 Day Learning Challenges

Want some help? Our 30 Day Learning Challenges will help kickstart new learning habits that will last a lifetime. Click through a link to find out more.

- [Learn something new every day](#) - This Challenge will help you build a habit of learning something new every day. Your goal is to find a number of useful sources that will inspire you to continue to learn something new after the Challenge ends
- [Get the most out of your day job](#) - This Challenge will help you get the most out of your day job so that you can benefit from your everyday work activities. Your goal is to develop a number of new approaches to learn from your daily work experiences that you will be able to continue after the Challenge ends.
- [Manage your own self-development](#) - This Challenge will help you develop the habit of organising and managing your own self-development. Your goal is to get started on a process for continuing professional self-development that you will continue after the Challenge ends.
- [Enhance your professional network](#) - This Challenge will help you build from scratch and/or enhance your existing professional network. Your goal is to build a process for enhancing your own professional network that will continue after the Challenge ends.
- [Keep up to date with your industry or profession](#) - This Challenge will focus on a variety of other ways to help you keep yourself up to date in your industry or profession. Your goal is to identify a number of approaches and tools that will allow you to continuously keep up to date with your industry or profession after the Challenge ends.